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Review on the Bacterial-Mediated Methylmercury Formation in the Environment and Remediation

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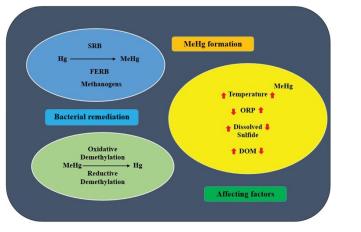
Abstract

Methylmercury (MeHg) is highly toxic form of mercury (Hg) and causes neurotoxicity in humans. Its production in the environment is enhanced due to human activities such as massive industrialization and warmer temperatures which facilitate the activities of microbial methylators. It bioaccumulates mainly in seafood items and threatens human health. So far, review papers were mainly focused on MeHg toxicity and controlling soil conditions or soil amendment compounds to reduce MeHg formation. However, bioremediation plays an important role in the remediation of the metals in the environmental samples. Less attention has been paid to MeHg degrading bacteria that can control MeHg pollution. Therefore, to highlight current research, this review paper mainly focused on MeHg formation, the environmental conditions to reduce its formation in the environment, natural MeHg remediation, and experimentally developed bacteria for MeHg remediation.

Keywords: Methylmercury, Anaerobic bacteria, Demethylation, Safer environment.

Introduction

Mercury (Hg) is reported as a top three priority pollutant by the United States Environment Protection Agency (US EPA) and has been identified by the World Health Organization (WHO) as one of the "ten leading chemicals of concern" [1-3]. The elemental (Hg⁰) or inorganic (Hg²⁺) form of Hg released into the environment from various natural



Graphical representation of abstract.

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Copyright: © 2023 Marechal W et al. This is an openaccess article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited. or anthropogenic sources is less toxic to humans [4-7]. However, these forms are converted to highly toxic compound methylmercury (MeHg) by anaerobic bacteria such as sulfate-reducing bacteria (SRB) and remain in the environment for several days. Consequently, it is accumulated and magnified in the food substances such as fish affecting humans and aquatic animals [8-11].

MeHg toxicity was first reported in Minamata City, Japan, affecting over 2500 people in the 1950s [12,13]. Fishermen and their families were the most affected people who ate fish daily [12]. The Minamata disease (MD) was first recognized as a mysterious neurological illness with severe uncontrollable tremors in Minamata in 1953 [14]. That disease was reported again between 1964 and 1965 in Niigata, near Tokyo [15,16]. The Japanese government authoritatively acknowledged that MeHg-containing seafood consumption was responsible for Minamata disease in 1968 [14]. Later, MeHg toxicity was also reported in other places like Ghana, Guatemala, Iraq, and Pakistan, due to flour consumption from wheat seeds treated with MeHg compounds [17].

It was reported that the MeHg accumulates in the fish or rice grains from the surrounding environment [18]. It was also reported that 75 to 90% of organic mercury exists as MeHg in those fish and shellfish [19,20]. It threatens the health of mainly seafood and rice lovers [21,22]. It was shown that people who eat fish regularly had increased total mercury levels in their hair than normal persons [23]. In the US, eating marine fish and shellfish is mainly responsible for MeHg intake in more than 90% of the population [24]. Hence, MeHg-contaminated fish is treated as the primary source of MeHg exposure to persons in the US. Americans take approximately 2.4 µg MeHg per week via fish, and a significant amount (2.3 µg) was absorbed into the body [25]. It was also reported that a significant US Gulf Coast population (30%) had higher MeHg concentrations in their blood because of eating MeHg-containing fish and developed neurodevelopmental problems in children [26]. Even in Florida Everglades for over three decades, Hg pollution had been a persistent concern due to elevated atmospheric Hg deposition, the system's tendency for methylation, and rapid bioaccumulation. It was reported that a fetus, newborns, and children are at a higher health risk since they can have toxic effects even at low levels of MeHg exposure [27]. Based on a US birth cohort study. It was also reported that dental amalgams and seafood consumption d during pregnancy could cause respiratory infections in infants [28]. The maximum allowable daily Hg intake according to WHO and EPA was reported as 0.23 μ g/ Kg/ day and 0.1 μ g / Kg/day [29]. The half-life of MeHg in the human body was about 70 days, due to its slow removal and accumulation behavior in the body [30]. It was also reported that the inorganic mercury showed less toxicity in rats with a lethal dose (LD50) of 75 mg/kg, while MeHg showed higher toxicity in guinea pigs, mice, and rats with LD50 values of 21, 57.6, and 29.9 mg/ kg respectively [31-34]. Persons with 200-500 ng/mL Hg concentration in the blood or persons who ingest 3–7 µg Hg/ kg per day can show initial lethal effects of methylmercury [35]. Various health departments and Governments around the world have recognized the necessity for safeguard

seafood to people; hence the highest safe ingestion limits for seafood were set as 0.46 ppm Hg and 1.6 µg MeHg/kg bodyweight as recommended weekly intake by the United States Food and Drug Agency (US FDA) [29].

It was reported that MeHg could bind to low molecular mass thiol proteins (LMM SH) like glutathione, high molecular mass proteins (HMM SH) such as albumin which contain sulfur or thiol-containing amino acids, and high molecular mass selenol (HMMSeH) proteins such as Glutathione peroxidase Px. [35,36]. It was also shown that it can also bind to nitrogen bases of DNA and RNA; however, the binding capacity is many times lesser than the thiol-containing proteins [37-44]. The exchange reactions between the MeHg-coupled LMM-SH and HMM-SeH proteins are responsible for the absorption, distribution, and excretion of MeHg in the human body [45-49]. The formation of MeHg coupled cysteine compound, Cys-S-HgMe, which can cross the cell membranes with the help of transporter L-type large neutral amino acid transporter (LAT1), change in antioxidant enzymes activity levels and reactive oxygen species production are mainly responsible for the MeHg toxicity in the humans [50-55]. It was shown that the nerve cells were more sensitive to MeHg than the glial cells since astrocytes contain less glutathione concentration than nerve cells [56]. It was reported that most of the MeHg (90-95%) from the ingested fish in humans was absorbed through the gastrointestinal tract and enters to the central nerves system [57]. It mainly affects central nervous system, and immune system of humans leading to visual impairment, tiredness, convulsions, paralysis of limbs, neurotoxicity, and can also cause death [58-66].

In the last two decades, much attention has been given to the bacterial bioremediation for cleaning polluted environment since it is easier, less time-consuming, and economically feasible than physical and chemical methods. The MeHg degrading bacteria were isolated from MeHgpolluted sites [67,68]. However, the degradation of MeHg has been much less studied so far [22]. Therefore, this review article mainly discusses MeHg formation, natural MeHg remediation, and experimentally developed bacterialmediated MeHg remediation.

Methylmercury Formation in the Environment

The inorganic Hg is converted into organic MeHg by various anaerobic bacteria through the methylation process in the environmental soil and water [69]. So far, 54 Hg methylating microorganisms were identified which comprises 37 sulfate reducing bacteria, 8 iron reducing bacteria, 8 methanogens, and 1 acetogenic microorganism, that contain the essential genes for methylation, hgcAB [10,69-72].

MeHg production in the environment depends on total Hg concentration, as well as several other environmental abiotic parameters like Hg speciation, pH, redox potential, temperature, microbial community, and inorganic as well as organic chelating agents [73]. Recently, a research study on the worldwide MeHg distribution and environmental factors of its production reported that MeHg concentration varied from 0.009 to 55.7 μ g/kg at the different ecosystems, and the highest Hg methylation potential and MeHg concentration were found in paddy fields and marine environments, respectively (Table 1) [74].

In that study, the temperature (high temperature favors MeHg formation) and precipitation were recognized as important controllers of MeHg production [74]. It was also shown that oxidation-reduction potential (ORP) influences sulfur chemistry, thereby methylation of Hg. The Hg methylation is promoted by the microbial-mediated sulfur-reduction as a result of the decrease in ORP. The increased dissolved sulfide concentrations also decrease Hg methylation rates due to the removal of inorganic Hg as a sparingly soluble solid cinnabar or meta-cinnabar [69]. Hg can bind to the dissolved organic matter (DOM) and affect methylation by the methylating bacteria due to less availability of inorganic Hg for uptake since DOM molecules cannot cross the cell membrane of bacteria due to their large size [75]. The other abiotic factors, like humic and fulvic acids, were shown to play a role in Hg methylation [8,76]. Hg methylation particularly occurs in the floodplain soils rich in organic molecules due to their low oxygen conditions during flooding and organic substrates which serve as energy source for bacterial metabolism and sources for enhanced MeHg input to adjacent streams [77]. Recently, it was reported that up to 9% of Hg was converted to MeHg in the anaerobic setting in a study to know the input of Hg in urban runoff derived from historically contaminated soils and the subsequent production of MeHg in a stream-wetland complex (Durham, North Carolina) [78].

Production of MeHg in the environment by microorganisms is shown in figure 1. Paddy fields, wetlands, lakes, and marine places which contain anaerobic conditions are most suitable for MeHg production [79]. The bacteria and extracellular polymeric substances (EPS) are mainly accountable for the production of MeHg and accumulate in those places, as shown in table 2. The transformed MeHg then accumulated into the food chain. Plants accumulate 104-105 times more MeHg than the surrounding waters [80]. It was shown that plants and animals contain MeHg approximately 1.0-6.5 µg/kg and 0.5-200 µg/kg [81,82]. It was also reported that the eatable clams, crabs, octopus, oysters, scallops, and squid in the US contain average THg concentrations ranging from 0.01 to 0.12 μ g/kg wet weight (ww) [83]. The total Hg concentrations in terrapin scute and blood revealed that the organic form of Hg contributes to 90% of the total Hg [84]. In a recent study, it was showed that the altered total Hg and MeHg levels in rivers were

Environment	Sample description	MeHg level (ng/ L or µg/Kg)ª	Location	Reference	
Polar region	Snow -	< 0.02-0.03	Antarctic	(Gionfriddo et al. 2016)	
		≤0.015–0.118	Canadian Arctic	(St. Louis et al. 2005, 2007)	
	Sea ice	< 0.02-0.17	Antarctic	(Gionfriddo et al. 2016)	
		< 0.02-0.57	Arctic	(Beattie et al. 2014)	
	Sea water	N.A. ^b	Antarctic	(De Ferro et al. 2014)	
		< 0.02-0.15	Antarctic	(Gionfriddo et al. 2016)	
		< 0.01-0.18	Southern Ocean	(Cossa et al. 2011)	
		0.057-0.095	Canadian Arctic	(St. Louis et al. 2007)	
		0.015-178	Canadian Arctic	(Kirk et al. 2008)	
		0.021-0.126	Arctic	(Wang et al. 2012)	
	Water	< 0.085-0.257	Antarctic	(Vandal et al. 1998)	
		0.04–30	Canadian Arctic	(Lehnherr et al. 2012a; Lehnherr et al. 2012b; St. Louis et al. 2005)	
	Sediment	0.001-0.081	Alaska, USA	(Poissant et al. 2008; Naidu et al. 2003)	
Lake		0.26-3.4	Alaska, USA	(Hammerschmidt et al. 2006)	
		0.4–1.1	Ny-Ålesund, Norway	(Jiang et al. 2011)	
	Soil	0.01-<9.6	Canadian Arctic	(Loseto et al. 2004; Oiffer and Siciliano 2009; St. Pierre 2015)	
Paddy fields	Non-contaminated soil	0.02–1.76	^e Main rice planting areas, China	(Tang et al. 2019)	
		0.84-4.5	Chongqing, China	(Tang et al. 2018)	
		0.17-1.0	California, USA	(Tang et al. 2019)	
		0.52-1.42	California, USA	(Marvin-Dipasquale 2014)	
		0.01-0.29	Arkansas, USA	(Rothenberg et al. 2017)	
Mining impacted area	Soil	0.14–67	Guizhou, China	(Rothenberg and Feng 2012; Li et al. 2019; Meng et al. 2010, 2014; Zhang et al. 2010a, 2010b)	
		6.0-36.9	Shaanxi, China	(Tang et al. 2018)	
		2.8-10.9	Hunan, China	(Meng et al. 2014)	
		0.3-8.5 ^d	Guangdong, China	(Meng et al. 2014)	

^aMeHg levels in snow, sea ice, and sea/lake water were represented in ng/L, while in sediment, wetland, and paddy fields soil was represented in µg/kg. ^bN.A. indicates data was not available.

^cMeHg level was measured in soil samples from 64 sites in 12 provinces in China, which accounts for 80% of the total rice planting area. ^dData from Pb/Zn mining impacted area.

Table 1: Methylmercury levels at various environmental conditions.

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Environmental condition	Type of bacteria	Reference
	SRB	(Bae et al. 2014)
Wetland sediments	FeRB	(Schaefer et al. 2014a, 2014b)
wettand sediments	Methanogens	(Bae et al. 2019)
	Syntrophs	(Christensen et al. 2019)
	SRB	(Podar et al. 2015)
	FeRB	(Bravo et al. 2018a)
_ake/river sediments	Methanogens	(Bravo et al. 2018b)
	Syntrophs	(Christensen et al. 2019) (Jones et al. 2019) (Yuan et al. 2019)
	SRB	(Liu et al. 2014)
addy soils	FeRB	(Liu et al. 2018)
addy sons	Methanogens	(Vishnivetskaya et al. 2018)
	Syntrophs	
	SRB	(Podar et al. 2015)
orest soils	FeRB	(Xu et al. 2019)
	Methanogens	
	Syntrophs	
	SRB	(Bouchet et al. 2018)
Ocean	FeRB	
	Syntrophs	
	SRB	(Podar et al. 2015)
farine conditions	FeRB	(Gionfriddo et al. 2016)
farme conditions	Methanogens	
	Syntrophs	(Villar et al. 2020)
	SRB	(Podar et al. 2015)
Extreme environments	FeRB	(Christensen et al. 2019)
Extreme environments	Methanogens	
	Syntrophs	
	SRB	(Podar et al. 2015)
Bioreactor	FeRB	(Wang et al. 2019a, 2019b)
	Methanogens	
Animal hindgut	Syntrophs	(Podar et al. 2015)

Table 2: Type of mercury methylators present in diverse environmental conditions.

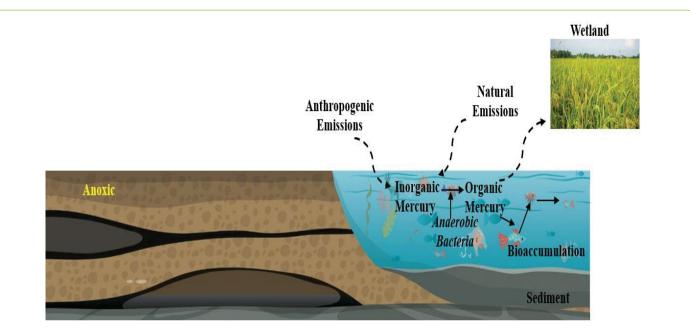


Figure 1: Schematic representation of methylmercury formation in the natural environment.

important sources of MeHg to estuaries and coastal regions of the northern Gulf of Mexico (GOM) and were responsible for the increased levels of MeHg in GOM fish [85]. It was reported that in the Everglades, MeHg production mainly occurs at the periphyton region and varies with the season (3.5 g for the dry season and 37 g for the wet season) and contains six times more MeHg than the water (0.6 g for the dry season and 6.6 g for damp season) [17,86].

Natural Methylmercury Remediation in the Environment

A potential strategy to decrease the MeHg levels in soil and water is determined by Hg methylation and MeHg degradation [87]. Recently, a study was conducted to determine whether specific carbon compounds affect the production potential of MeHg and methylating microbes' distribution in those environmental samples [88]. As part of that study, sediment slurries were treated with alcohols, polysaccharides, or short-chain fatty acids. The results showed that lactate, ethanol, and methanol amendments had slightly increased MeHg, while cellobiose decreased MeHg production significantly (70%). Microbial communities were changed to non-hgcAB-containing Firmicutes (90%) in all the samples treated with cellobiose. These findings showed that simple methods could be used to decrease MeHg production in the environment [88]. In recently published reviews, there is a growing body of evidence that global and local perturbations influence Hg cycling and pollution management [22]. A wide range of soil composition factors determines the sorption, fate, and mobility of Hg in soils, including soil texture, organic matter content, hydroxides, and other organic and inorganic complexing agents determine how Hg is absorbed, the chemical form of Hg, pH, redox potential (EH), its fate as well as the specific stability of the bond between Hg and a ligand [77]. For the proper development of soil remediation techniques to effectively immobilize Hg by transforming it into stable and less toxic forms, knowledge of the above-mentioned factors is crucial [89]. Another method of reducing Hg mobility in soil is using soil amendments [90]. Organic amendments are particularly suitable since they show a high potential to immobilize Hg [90]. According to studies, Hg is usually bound to reduced sulfur functional groups (thiol, disulfide) of soil organic matter in an oxidized form such as Hg2+ [91]. It has already been demonstrated that Hg can be removed from solutions and combustion flue gases, reducing MeHg levels in rice grains, ad immobilizing MeHg in soil [90-93]. Researchers found that both biochar (BC) and Sugar beet factory lime (SBFL) treatment reduced the release of total Hg (Hgt) from the soil but not the methylation and ethylation of Hg [77]. There was also a report that Hgt, MeHg, and EtHg mobilization was generally higher at low redox potential and decreased as redox potential increased, regardless of soil treatment [77].

Various reports have shown that microorganisms adapt several metabolic pathways to survive in Hg/MeHg polluted environmental conditions [67,68]. The mer operon located on a plasmid or transposon or chromosome is responsible for the adaptation in Hg polluted environment [94]. The mer operon codes for MerR and MerD regulatory proteins, MerP, T, and E transport proteins, and MerA with reductase activity [76,95]. In response to Hg availability, the MerR or MerD regulatory protein binds at the promoter operator region and regulates the transcription of the MerA gene. During the bacterial Hg metabolic process, mercury ions are transported from the periplasm to the cytoplasm through transport proteins MerP/ MerD, and those ions are taken up by the mercuric reductase enzyme coded by MerA inside the cytoplasm. The enzyme reduces Hg²⁺ to mercury gas (Hg⁰) that diffuses passively out from the bacteria. Based on the mer determinants, Hg resistant bacteria are divided into broad and narrow ranges. The Hgresistant bacteria, which are limited range contain only the merA gene, while other bacteria, which are broad range, contain merB gene in addition to merA gene. The merB produces an organomercurial lyase enzyme and converts MeHg into inorganic mercury through the removal of methyl group [76].

Previous studies have shown that microbes degrade MeHg through oxidative demethylation or reductive demethylation process [76]. In anaerobic conditions, microbes degrade MeHg through the oxidative demethylation process; MeHg is converted to Hg2+ and carbon dioxide in that process. It was reported that the sulfur-reducing bacteria and methanogens are responsible for MeHg degradation in saturated soils through the oxidative demethylation process [76]. This oxidative demethylation process has also been observed in paddy fields with anaerobic conditions [96]. The research studies also revealed that the bacteria belonging to the Xanthomonadaceae family (Catenulisporaceae, Frankiaceae, Mycobacteriaceae, and Thermomonosporaceae) degrade MeHg in those paddy soils by demethylation pathway in the presence of Cu [97]. Furthermore, studies have also shown that Methylosinus trichosporium, an aerobic bacterium, degrades MeHg through an oxidative demethylation process, which is linked to Cu metabolic process [96]. In aerobic (oxic) environmental conditions such as watersaturated soils, the reductive demethylation process occurs, another MeHg degradation process. In that mechanism, the microorganisms contain mer operon coding for merB organomercurial lyase enzyme that degrades organic mercury to inorganic mercury, and merA reductase enzyme that reduce inorganic mercury to element Hg⁰ [98,99].

A recent report on world-wide photic and aphotic zones of oceans for MeHg degradation capacities through cultureindependent metagenomic and metatranscriptomic studies revealed that the capacity of biological MeHg degradation was extensively spread in the open ocean, and the highest capacity was observed in the mesopelagic zone [100]. It also revealed the presence of heterotrophic bacteria containing mere genes at different oceanographic regions and depths of open ocean, including polar regions. It was reported that Hg tolerance capacity depends on the bacterial strain, and a bacterium Alteromonas sp ISS312 unveiled a robust capacity of MeHg degradation that was isolated from South Atlantic Ocean bathypelagic water [100]. Recently, much focus was given to isolation of MeHg-degrading bacteria [101]. In that report, sixteen MeHg degrading bacteria were isolated from the contaminated wastewater sludge in Rio Grande do Sul, Brazil. It also showed that some isolates exhibited MeHg resistance to extreme concentrations of 8.7 μ M. In that study, they also showed that the Pseudomonas putida V1 bacterium had only merA gene and converted the 90% of methylmercury in the medium to gaseous mercury. It was also reported that it has the ability to degrade MeHg under various pH (4-8) conditions, and temperatures (10–35°C), Pseudomonas putida V1 bacterium can grow even at the high concentration of 11.5 μ M of MeHg [101]. Later, it was revealed that Pseudomonas putida V1 showed an alternative mechanism of MeHg degradation through the production of carbon dioxide during MeHg degradation, which did not involve merB product [101].

MeHg Bioremediation with Recombinant Technology using Bacteria

Hg and MeHg pollution can be controlled through bioremediation which is an easy, cost-effective and environmental-friendly approach than the physical or chemical methods. The usage of mer operon in Hg resistant bacteria is an attractive bioremediation approach for controlling Hg pollution. The mer operon occurs in different forms and locations in Hg-resistant bacteria. The MerB and MerA genes play an essential role in MeHg remediation efforts [102].

Recombinant plasmids were constructed with the cloning of some genes from the mer operon through Genetic engineering and introduced into the host bacteria, which were used to remove Hg from contaminated sites [103]. Other studies have focused on engineering bio-sorbent strains utilizing metal binding proteins or chelators such as metallothionein and polyphosphate kinase which play an essential role in binding the metals [104-107]. Biosorption is a passive process and hence microorganisms show limited metal binding capacity. In the Hg biosorption remediation process, specific methods are required to remove and recover Hg from the microorganisms. A recombinant E. coli strain containing merRTPAB genes was constructed for MeHg bioremediation and encapsulated in silica beads which act as a filtration material [107]. Following encapsulation, this strain also showed degradation of MeHg and exhibited the same degradation capacity as nonencapsulated cells [107]. Using recombinant microorganisms in the bioremediation process has certain limitations since runoff water from bioremediation can contain those unnatural bacteria, which can lead to a hazard [102]. In packed bed bioreactors, silica pumice granules are used to adsorb the natural mercontaining strains of Pseudomonas and it is the only method used till today to bioremediate and recover Hg at a technical scale [102]. Recently, MeHg-resistant Lactic acid bacteria (LAB) were isolated from feces (37) and breast milk (19) samples respectively from 19 volunteers in West Sekotong at, Indonesia which is an artisanal and small-scale gold mining site with high Hg levels. In the research studies, those bacteria showed different MeHg absorption abilities ranging from 17.375 to 51.597 mg/g of wet biomass after 24 h incubation. Out of those isolates, two bacteria isolated from the feces showed the highest Hg removal capacity and recognized as Enterococcus durans. The bacteria involved in MeHg remediation from all previous studies were summarized in table 3.

Perspectives and Recommendations

The recent global changes, such as increased anthropogenic activities with Hg and climate changes, can affect the microbial Hg methylation processes in Hg-contaminated ecosystems. Our knowledge of Hg methylators in a real environment is still limited and metagenomic analyses of Hg-contaminated ecosystems in the future can identify unknown species of Hg methylators that will enhance our knowledge of MeHg production in real environmental conditions [108]. In the future, metagenomic analysis of MeHg polluted environment should be carried out to identify better MeHg degrading bacteria that will help in the MeHg remediation process. Strict policies regulating Hg-related anthropogenic activities and adapting better remediation procedures can improve environmental and human health.

Conclusion

Environmental pollution due to natural and anthropogenic Hg emissions leading to the conversion of MeHg became a main risk to ecosystems and human health. The inorganic Hg is converted into organic MeHg by various anaerobic bacteria through the methylation process in the environmental soil and water. MeHg production in the environment depends on total Hg concentration and several other environmental abiotic parameters like Hg speciation, pH, redox potential, temperature, microbial community, and inorganic and organic chelating agents. A potential strategy to decrease the MeHg levels in the environment is determined by Hg methylation and MeHg degradation. MeHg degrading microorganisms contain MerB gene coding for organomercurial lyase enzyme that

Matrix	Type of bacteria	Removal efficiency	Reference
Soil	SRB and methanogens	_	(Barkay et al. 2003)
Soil	Methylosinus trichosporium	~95%	(Lu et al. 2017)
Paddy soil	Catenulisporaceae, Frankiaceae, Mycobacteriaceae, and Thermomonosporaceae	> 75%	(Zhou et al. 2020)
South Atlantic Ocean	Alteromonas sp ISS312	98.2%	(Sanz-Sáez et al. 2022)
Sludge sewage from Rio Grande do Sul, Brazil	Pseudomonas putida V1	90%	(Cabral et al. 2016)
Waste site	Deinococcus radiourans	-	(Brim et al. 2000)
Wastewater	E.coli with mer-ppk fusion plasmid	>90%	(Kiyono et al. 2003)
Water	Enterococcus durans	> 70%	(Gasong et al. 2018)

 Table 3: Bacteria involved in MeHg remediation.

degrade MeHg to inorganic mercury and MerA gene coding for reductase, which converts to mercury gas Hg⁰. This review highlights that MeHg pollution can be controlled with bacterial bioremediation, which is an easy, cost-effective and environment-friendly approach.

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Author Contributions

WM, WS, GG, VLDB, BM, and VI have perceived and planned the review. WM, WS, GG, and VLDB have contributed review material for original draft preparation. WM illustrated the figure. VLDB executed the editing. All authors approved the final version of this review paper.

Conflicts of Interest

The authors have declared that they do not have any conflict of interest.

Ethical Approval

This manuscript requires no ethical approval since it is a review paper.

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