Inducible Bronchus-Associated Lymphoid Tissue in SARS-CoV-2 Infected Rhesus Macaques

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Abstract

Pulmonary immunity against SARS-CoV-2 infection has not been well studied. This study investigated the distribution of immune cells of 8 rhesus macaques experimentally infected with SARS-CoV-2, and euthanized 11-14 days later. Using immunohistochemistry, inducible bronchus-associated lymphoid tissue was found in all animals. The inducible bronchus-associated lymphoid tissues were composed of B cells, T cells, and follicular dendritic cells with evidence of lymphocyte priming and differentiation. This suggests local immunity plays an important role in the resolution of SARS-CoV-2 infection. Further study of local immunity would benefit our understanding of SARS-CoV-2 pathogenesis and could lead to new interventions to control the SARS-CoV-2 infection and disease.

Keywords: SARS-CoV-2 infection, Rhesus macaques, Lymphoid Tissue.

Introduction

According to the WHO, to date SARS CoV-2 has infected more than 394 million people and caused more than 6,528,557 mortalities worldwide [1]. While vaccine have been relatively successful, a big challenge is the continuous emergence of variants of concern with unpredictable virulence and variable impact on vaccine efficacy [2]. Above all, understanding the pathogenesis, including development of local immune responses to infection, is fundamental for developing interventions aimed at controlling the viral infection.

The classical pathology investigations, such as postmortem examination and histology address initial questions about pathogenesis of SARS-CoV-2 infection. However, human materials from COVID-19 patients which can be used for the pathological study are limited. Currently, pathological knowledge about COVID-19 comes from some postmortem biopsies and limited number of autopsies [3]. All these materials represent the latest stage of the disease, and only less than 5% of infected individuals reached this stage [4-7]. Furthermore, human sample collection usually happened more than 24 hours after death which significantly limit additional assays and data quality. Therefore, animal
models play a valuable role in the study of pathogeneses and prognosis of SARS-CoV-2 infection.

Several non-human primate species (NHP), including rhesus and cynomolgus macaques and African green monkeys have been shown to be useful animal models of SARS-CoV-2, as infection mimics human SARS-CoV-2 infection in many aspects of the disease, including asymptomatic or mild clinical symptoms in the majority of infections, but with histological lesions consistent with mild to moderate interstitial pneumonia [8]. Knowledge gained by studying NHP should assist in understanding the disease, testing the efficacy of vaccination and treatment, studying sequelae following SARS-CoV-2 infection, and guiding to developing strategies for defeating COVID-19 [9,10].

The inducible bronchus-associated lymphoid tissue (iBALT) is a tertiary lymphoid organ located at the basal site of the bronchial epithelium and perivascular space [11,12]. Unlike secondary lymphoid organs, such as the spleen and lymph node, the iBALT does not constitutively exist in all mammals including mice, monkeys, and humans [13-15]. It is induced by exposure to antigens under infection or inflammatory stimulation [16,17]. IL-1 alpha, IL-23, IL-17, IL-22, CCL19, CCL21, CXCL12, and CXCL13 and their receptors such as CCR7, CXCR4, and CXCR5 play essential roles in iBALT’s formation and development [11,12,14,18]. The iBALT is characterized by a cluster of B cells, T cells, and follicular dendritic cells, which organize into a unique structure resembling lymphoid follicle [18]. Although iBALT is not extensively studied, there is evidence that it plays both a protective and pathological role in pulmonary disease [11,12]. The development of iBALT has not been reported in COVID-19.

In this study, we performed a descriptive investigation on lungs of rhesus macaques harvested from 11-14 days post SARS-CoV-2 inoculation, and utilized histopathology and immuno-histochemistry to characterize the histopathological lesions and the distribution of immune cells. Results showed that iBALT was well established in all experimental animals. They are composed of B cells, T cells, and follicular dendritic cells with evidence of lymphocyte priming and differentiation. Our results suggested that local immunity may play an essential role in the pathogenesis of COVID-19.

Methods and Methods

Animal information

Detailed information on the study’s experimental design was reported earlier [19,20]. Briefly, this study included 5 males and 3 females colony-bred Indian origin rhesus macaques (Macaca mulatta) with ages ranging from 4 to 5 years old and weight ranging from 5.4 to 10.7 kg (median 8.6 kg). All animals were inoculated with a California isolate of SARS-CoV-2 by intratracheal, intranasal and ocular routes. Viral RNA and SARS CoV-2 antibodies were monitored to confirm the SARS-CoV-2 infection. The study was approved by the UC-Davis Institutional Animal Care and Use Committee.

Pathology and immune-histochemistry

Animals were euthanized at 11 to 14 days after the viral inoculation. Lungs were infused gently with 10% buffered formalin within 20 minutes after being harvested from animals at necropsy. Infused lungs were further fixed in 10% buffered formalin for 3 days and then transferred into 70% ethanol and processed to make paraffin blocks. Four µm sections were used for Hematoxylin-Eosin (HE) and immunohistochemistry (IHC) stains. Resources and the working dilution of antibodies show in table1. All first antibodies were subjected to an antigen retrieval step consisting of incubation in AR10 (Biogenex, San Ramon CA).

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Table 1: Antibodies’ resources and working condition.
for 2 minutes at 125 ºC in the Digital Decloaking Chamber (Biocare, Concord CA) which was followed by cooling to 90 ºC for 10 minutes, or incubation in antigen unmasking solution H3300 (Vector, Burlingame, CA) for 20 minutes at 100 ºC before rinsing in water (Table 1). Primary antibodies were replaced by normal rabbit IgG or mouse IgG (Invitrogen, Rockford IL) and included in each staining series as the negative control. EnVision and AEC (Dako, Carpinteria CA) were used as detection systems. Slides were counterstained with hematoxylin, dehydrated, cover-slipped, and visualized by using a bright field microscope. In the immunofluorescent stains of CD3/PD-1 and CD3/CD20/Bcl-1, Goat anti Rat Alexa Fluor 488 and Goat anti-Rabbit Alexa Fluor 568, and Goat anti Rat Alexa Fluor 488, Goat anti Rabbit Alexa Fluor 647 and Goat anti-Mouse Alexa Fluor 568 (Invitrogen, Rockford IL) were used. With appropriate filters, slides were visualized with epi-fluorescent illumination using a Zeiss Imager microscope (Carl Zeiss Inc., Thornwood, NY).

Results

SARS CoV-2 infected all animals

As described earlier, all animals were SARS CoV-2 infected. No animals showed severe clinical signs (such as acute fever, weight loss, or respiratory distress) after infection. Clinical signs were absent or mild [19,20].

General histopathology findings

Gross examination showed the pleural surface of lungs were smooth with randomly distributed, variable-sized, and irregular-shaped dark or pale discolorations. No pleural effusion was seen. Enlargement of lymph nodes at the hilum and mediastinum was noticed in some animals. In cross-sections, small patches of the discolorations were randomly distributed in different lobes of the lungs with evidence of mild pulmonary edema. Histopathological examination of the lungs showed multifocal to locally extensive interstitial pneumonia of mild severity frequently radiating out from the terminal bronchioles and sometimes sub pleural in all animals. Histology in these regions showed that alveolar septa were expanded by a few to moderate numbers of neutrophils and mononuclear cells. Alveolar spaces variably contained macrophages, a few neutrophils, and occasional cellular debris. In some areas, there was occasional type 2 pneumocyte hyperplasia. Perivascular cuffing was present to variable degrees in all animals.

Immunohistochemistry results

Characterization of iBALT

iBALT was found in all animals. In addition to well-developed lymphoid follicles with a germinal center associated with bronchi and bronchioles, a significant amount of the iBALT is located in the perivascular space. The iBALT was of variable size and was randomly distributed throughout the lung parenchyma (Figure 1). The major constituents of the iBALT were CD20+ B cells. The B cells were arranged in prominent follicular structures which was sometimes eccentric and sometimes had a germinal center. CD20 and Bcl6 double-positive cells, Ki67 positive cells, Caspase-3 positive cells, and CD21 follicular dendritic cells were noticed in the germinal center (Figure 1,2). CD3+ T cells, which were mostly CD4+, were scattered within the B cell zone or polarized at one edge of the iBALT. A few CD8+ cells were present throughout the iBALT. Some of the CD3+ cells were PD-1 positive (Figure 2). Some CD169+, CD163+, and CD68+ macrophages were also found in the iBALT. Most of the CD163+, and CD68+ cells were at the edge of the B cell zone, while CD169+ cells were found at the center of the germinal center. A few IgG-positive cells were found within the iBALT. Further, in the iBALT that appeared as more homogeneous aggregates without classical B cell, T cell zone, and well-developed germinal center, relatively more Ki67+ cells were found. This suggests that the classical iBALT originated from small aggregations of immune cells. Thus, an adaptive humoral immune response was taking place in the lungs of monkeys infected with SARS CoV-2.

The P55 stain identified some endothelial cells which formed well-defined small vessel structures inside the iBALT. Some CD21+ cells were found around small blood vessels where lymphocytes existed. Perforin and granzyme B+ cells were occasionally seen in iBALT.

Figure 1: Cellular composition of iBALT of rhesus macaques which infected with SARS CoV-2. A: Multiple iBALTs identified by CD20 IHC stain. The size of the iBALTs was variable. B: CD3 positive cells aggregated along the periphery and scattered throughout the entirety of the iBALT. C: CD20 positive cells mimic a germinal center. D: CD4 positive cells. E: CD21 positive cells located in the germinal center with a dendritic structure. F: Ki67 positive cells were seen in the germinal center. G: IgG positive cells were found within the iBALT. H: P55 positive cells were found in the iBALT and identified some endothelial cells which formed well-defined small vessel structures.
Immune cells beyond the iBALT areas of the lung

The distribution of immune cells in other parts of the lung, beyond the iBALT areas, was also investigated.

Myeloperoxidase (MPO) positive neutrophils were found in blood vessels, alveolar walls, alveoli, and around small blood vessels. There were more MPO+ cells in the exudate within alveoli and focal areas with interstitial pneumonia. In a few cases, neutrophils infiltrated the depth of the bronchial wall to appear in the bronchial lumen. There were more MPO+ cells than CD3+ T cells, especially in the areas with interstitial pneumonia. CD3+ cells were evenly distributed in the lung with no significant difference in the number of these cells regardless of pathology. Most of the CD3+ cells were found around small blood vessels and formed aggregations in the space between blood vessels and alveoli, which colocalized with the perivascular cuffing on HE slides. Only a few CD3+ cells are located in the alveolar walls. In contrast to CD3+ T cells, CD20+ B cells were not only the primary element of iBALT but also frequently found inside alveoli and within alveolar walls. CD4 and especially CD8 staining was weak. As described previously, most of the CD4+ and CD8+ cells are found within iBALT and even fewer of them were found scattered in the alveolar walls.

Perforin+ cells were found in all animals, and most of them were macrophages, located in alveoli. There were relatively more perforin+ cells within the areas with pathology. Granzyme B identified different cell populations than the perforin stain. Most granzyme B positive cells were found in the alveolar walls. The size of the granzyme B positive cells is much smaller than that of perforin positive cells.

CD68, CD163, and CD169 positive macrophages were examined in the current study. There were numerous CD68 positive macrophages in the lumen of bronchi and inside the alveoli. Multinuclear CD68 cells were found in the alveoli. Adjacent to the lymphoid aggregations, there were some macrophages with weak CD68 positive. Foreign materials were found in their cytoplasm. Those cells were also CD163, Caspase-3, and perforin positive. CD163+ and CD169+ cells, which were a little larger in size than CD68+ cells, shared a similar distribution pattern with CD68+ cells beyond the iBALT areas of the lung. However, CD169 staining was very weak in macrophages within the lumen of bronchi and within alveoli and coincided with foreign materials in the cytoplasm. In addition to solid positive CD169+ cells in the center of the germinal center, more CD169+ were found around small blood vessels. Some spindle-shaped CD169+ cells also existed around larger blood vessels.

Discussion

In humans, nonhuman primates, and mice, bronchus-associated lymphoid tissue (BALT) is a tertiary lymphoid organ that does not exist at birth [13,15,21]. Classical...
Studies show iBALT is not simply an accumulation of immune cells. Instead, these newly formed lymphoid tissues make a new micro-environment that recruits immune cells and organizes them into a tertiary lymphoid tissue that supports lymphocyte priming and differentiation [14,18]. It is controversial whether or not iBALT plays a protective or pathogenic role when the host is infected by specific pathogens or under some disease conditions. However, some studies show iBALT plays a vital role in viral clearance and reducing inflammatory responses after a viral infection such as flu. Furthermore, iBALT induced by one pathogen can affect the response to a second, unrelated pathogen [28,29]. Using a mice model, people have successfully induced immunity against two different influenza viruses, a mouse-adapted SARS-coronavirus or mouse pneumovirus infection, by inhaling Protein Cage Nanoparticle (PCN). Mice treated with the PCN show a significantly high survival rate, quick viral clearance, and accelerated viral-specific antibody production [29]. In addition, once iBALT is formed, memory T cells can be maintained, and iBALT can persist for months on site [26]. Thus, agent that establishes iBALT can potentially have a benefit in controlling future infections.

Similar to influenza virus infected mice, our study shows that iBALTs are well developed after SARS-CoV-2 infection [18]. They are scattered throughout the parenchyma of the lung, where they are not only found in the upper bronchi but also vascular space without associated bronchioles in the peripheral lung. The size and shape of iBALT varies as may its structure. Some iBALTs that possess well-developed lymph follicles were found within the wall of the upper bronchi. When secondary follicles were present, they consisted primarily of centrally located B cells that were predominantly CD20+ and less often Bcl-6 positive. T-lymphocytes forming rim around the germinal center and less often scattered within B-cell zones were predominantly CD3+ and CD4+ and rarely PD-1 positive. There were Ki67, Caspase-3, and IgG-positive cells in the follicle. Dendritic cells and macrophages were also noticed within the follicle. This evidence supports a role for iBALT in lymphocyte priming and differentiation. Besides the iBALTs with a well-developed lymph follicle structure, there were many small size iBALTs located in the vascular space without any association with bronchioles in the peripheral lung. With H&E stains, these small iBALTs are easily interpreted as peri-vascular cuffs and even ignored, especially when the lung was not appropriately perfused. With IHC stains, these iBALTs were obvious and had a similar immunophenotype of CD20/BLC2+ B cells, CD3/PD-1/CD4 positive T cells, and few dendritic cells and macrophages, as described in the larger iBALT despite the lack of germinal centers.

Local immunity against SARS-CoV-2 infection, specifically iBALTs, has not been well characterized in humans partly because of the lack of samples, especially during the early stages of disease. We do not know what role iBALT are playing during the disease process. The majority of SARS-CoV-2 samples taken from infected humans is at time of autopsy when primary changes induced by the virus, such as iBALT, are obscured by a severe inflammatory background associated with mortality. As such the role of iBALT in the disease course is currently unknown. However, evidence shows that outcomes of SARS-CoV-2 infection vary within the different age groups of people and different species [30,31]. To shed further light mechanisms behind those differences, it is worth exploring the role that local immunity, including iBALT, play during SARS-CoV-2 infection, in particular what constitutes a healthy iBALT response (associated with no or mild disease) and whether iBALT is involved in triggering a fulminant inflammatory response that leads to severe disease and mortality. Further insights may lead to the development of the new interventions to prevent or treat SARS-CoV-2 infection and disease.

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Conflict of Interest

None to declare.
References


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