



Innovationinfo Journal of Hygiastics and Public Health

Book Review 'Dadah Musuh No. 1 Negara' (Malay Version)

Uqbah Iqbal1*

¹Life Planner, AIA Cap Square Tower, Malaysia

Batu Caves: Thinker's Library Sdn. Bhd., 2009 Page No. 62: Edited by Wong Sow Kham, Rohaidah Binti Sharif, Rajenthiran A/L S.Palanisamy, Cik Kazidi Bin Mohd Zainuddin, Cheryl Barr Kumarakulasinghe, Ramli Bin Wan Salim, Mohd Salleh Bin Abdul Ghani, Megat Khas Bin Sulong and Noraini Binti Mamat, this book is published with the aim of providing some basic information on drug, drug type and addiction, cause, sign and consequences of drug use, legal aspects, and drug treatment and rehabilitation methods in Malaysia. The collaboration between the National Antidrug Agency and Thinker's Library Sdn Bhd is expected to provide knowledge and understanding to mobilize efforts among members of the community to avoid drugs while preventing the transmission of these symptoms either at the family, community or country levels. Drugs are substances or chemicals that are extremely harmful to individuals who use them because they alter the way the mind and the human body function. A lot of things related to drugs are always ingredient in the news. When we hear the word drug, we will continue to think about drugs like marijuana and heroin. But actually there are thousands of types of drugs around the world that are used by about 200 million people for various purposes. According to the English-English Chamber Dictionary, the meaning of the word drug means medication. Even so to define abuse of the drug, use words, misuse or abuse should be used together with drug words. For example, drug abuse or misuse of drugs that mean drug abuse. Drugs are a special term that refers to a kind of substance that harms a person's physical, mental and emotional wellbeing and behavior when applied. As a result of this effect, someone who abuse drugs will become addicted and will continue to depend on him.

Unknowingly you may have used some kind of drugs in your life. Medications such as paracetamol and antibiotics help cure you if you are unwell. Tea, coffee and chocolate also contain a type of stimulant drug known as caffeine. However, such stimulant drugs do not lead to problematic addiction to individuals, communities and countries. Consequently, the use of these beverages and food is not legal. Nevertheless, some types of drugs are drugs that are prohibited for their consumption because these drugs cause addiction and health problems, social, economic and so on. Therefore, the Government of Malaysia has listed this drug in the Dangerous Drug Act 1952 to ban the cultivation, production, distribution, import, export, possession and misuse of such drugs. Types of drugs such as cocaine, marijuana, heroin, syabu and ecstasy are taken to change your mood and mind. These drugs are also known as drug abuse.

Someone is said to have been drug dependent when drug use became an important part of daily life overcoming other living needs such as food and beverages, increased resilience, symptoms of withdrawal when not using drugs, feeling desperate or gian to use drugs more and more yet when trying to reduce or stop using drugs and can no longer control the

Article Information

Article Type: Book Review Article Number: JHPH101 Received Date: 01 October, 2018 Accepted Date: 26 October, 2018 Published Date: 31 October, 2018

*Corresponding author: Dr. Uqbah Iqbal, Life Planner, AIA Cap Square Tower, Malaysia. Tel: +60389215555; Email: druqbahiqbal.aia(at)gmail.com

Citation: Iqbal U (2018) Book Review 'Dadah Musuh No. 1 Negara' (Malay Version). J Hygiastics Public Health. Vol: 1, Issu: 1 (01-02).

Copyright: © 2018 Iqbal U. This is an open-access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original author and source are credited.

amount and frequency of use, there is a pull or withdrawal tendency after stopping the drug for some time. Among the factors that drive them to abuse drugs is because of the fun and want to know and then try to try it for themselves, not knowing exactly the dangers of each type of drug, the influence of friends, friends and reason to adapt to a group of peers, seeking peace of mind for being involved with a life problem, eliminating all the suffering he suffered, to

eliminate the disturbances caused by the demands of his mother and father, not using his free time by doing things that benefit and benefit, problems and household pressure, lack of intimacy between parents and children, the desire to live a higher lifestyle than possible by becoming distributors, the presence of drugs in the environment and the competence of distributors to influence new users and lack of knowledge ma, appreciation of values and religious practices.

Citation: Iqbal U (2018) Book Review 'Dadah Musuh No. 1 Negara' (Malay Version). J Hygiastics Public Health. Vol. 1, Issu: 1 (01-02).